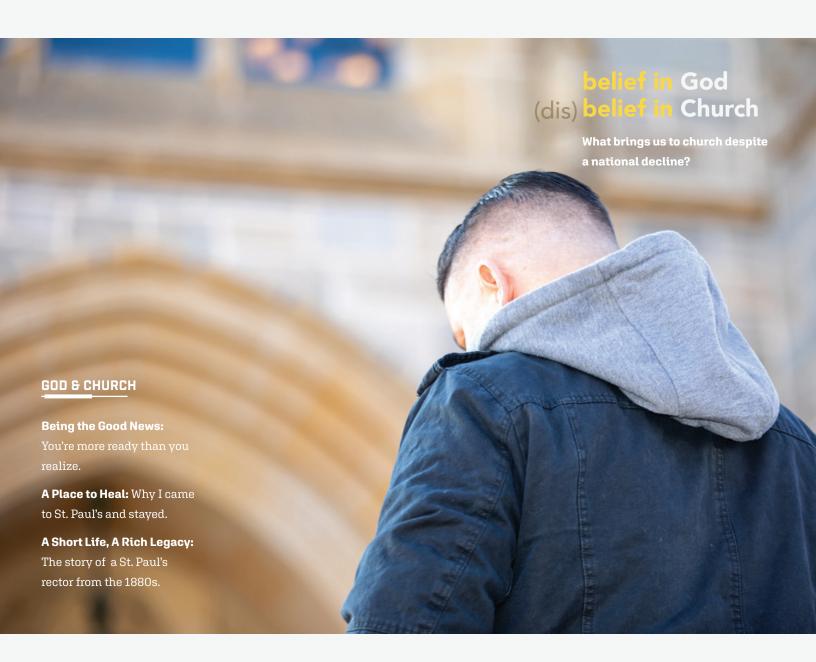
Parish Life FAITH AND CULTURE FOR ALL PEOPLE





- UPCOMING FORMATION - EPIPHANY AND LENT AT ST. PAUL'S

THE ENNEAGRAM:

A MAGNIFYING GLASS FOR MEANINGFUL SOUL WORK February 9, 16, and 23 in the Colhoun Room

Led by Julie Smith and the Rev. Sara Ardrey-Graves

Already learned the basics of the Enneagram and ready to go further? Join us for a three-week course in how to apply your knowledge of the Enneagram to your relationships, your passions, your limitations, and your life's work.

EPISCOPAL 101:

February 9, 16, 23, March 8, 15, 22, 29, and April 5 in Room 208 at the Station at St. Paul's

Led by the Rev. D. Dixon Kinser, the Rev. Nick VanHorn, the Rev. Darby Oliver Everhard, and the Rev. Sara Ardrey-Graves

The Episcopal practice of the Christian faith is distinct in its polity, history, theology, and liturgy. Join our clergy for lively discussion on these topics, whether you are being confirmed this spring or are simply curious about our life together in the Episcopal Church.

TABLE, STORY, BREAD, WINE:

AN INSTRUCTED EUCHARIST

March 1 in the Colhoun Room

Led by the Rev. Nick VanHorn, the Rev. Sara Ardrey-Graves, and the Rev. Darby Oliver Everhard

What's the difference between communion, the Lord's Supper, and Eucharist? When the priest hovers her hands over the bread and wine, what is happening? What is the spiritual meaning of all these rituals on Sunday morning? If you've ever wondered about questions like these when you're in church, come to our Instructed Eucharist with Nick, Sara, and Darby. We will re-enact and pick apart the prayers, symbols, and actions of the Eucharist in a playful and interactive format. This class is open to all but serves as a segment of our Confirmation formation.

LAMENTATIONS:

LEARNING TO LAMENT IN A CULTURE OF DENIAL

March 8, 15, 22, 29, April 5 in the Colhoun Room

Led by the Rev. D. Dixon Kinser and Dr. Mark Ardrey-Graves

You don't have to have lived on this earth for very long to learn that the going can get pretty tough. Tragedy and the larger forces of chaos in our world make us feel anxious, unsafe, and destabilized. How are we supposed to process those feelings yet also live faithfully during times that feel turbulent and confusing? Fortunately, there is ancient wisdom for this work found in the Bible. The Book of Lamentations offers resources and vocabulary for how to express stress, grief, and loss during seasons of high anxiety. Join the rector, D. Dixon Kinser, for a Lenten Bible Study on this ancient text and explore how a little lamentation can save your soul.

On March 29, Dr. Mark Ardrey-Graves, Director of Music for Children and Youth, will lead the class in a musical setting of lamentations

TAKING THE 4TH AND 5TH STEPS:

INTROSPECTION, CONFESSION, AND REDEMPTION

March 8, 15, 22, and 29 in Room 216 of the Station at St. Paul's

Led by the Rev. John Shields

Our sacred stories in Lent often involve getting in touch with the parts of our lives that have gotten off track, and in some cases, the times when we have failed to love and to love our neighbors as ourselves. The tools of confession and truth telling are important practices that help us do this holy work. Join John Shields for a four-week exploration of these practices and learn how you might go deeper in telling the truth this Lent.



by Chris Martin.



Publish Glad Tidings

We are so excited to introduce the new Parish Life! Seeking to share stories from parishioners, staff, and clergy that examines society, challenge conceptions, and builds compassion for our neighbors, Parish Life explores new ways to share the good news from St. Paul's.

In this season of Epiphany, we seek to learn from a pair of statistics about faith: 1

- **1.** A significant majority of people aged 18–49, over 60 percent, don't think religion is **2.** An even larger majority believes with various levels of certainty in God's existence.

Why do so many people believe in God but not in church? What can we share with people who no longer find spiritual fulfillment at a church? With church attendance decreasing nationwide, what still brings people to this church? What should be nurtured, changed, or let go?

Let's see what some people at St. Paul's think about this.

Parish Life is the quarterly magazine of St. Paul's Episcopal Church in Winston-Salem, N.C., a house of prayer for all people.



Parish Life

VOLUME 48

NUMBER 1

Parish Life, the official publication of St. Paul's Episcopal Church in Winston-Salem, N.C., seeks to share stories from parishioners, staff, and clergy that examine society, challenge conceptions, and build compassion for our neighbors.

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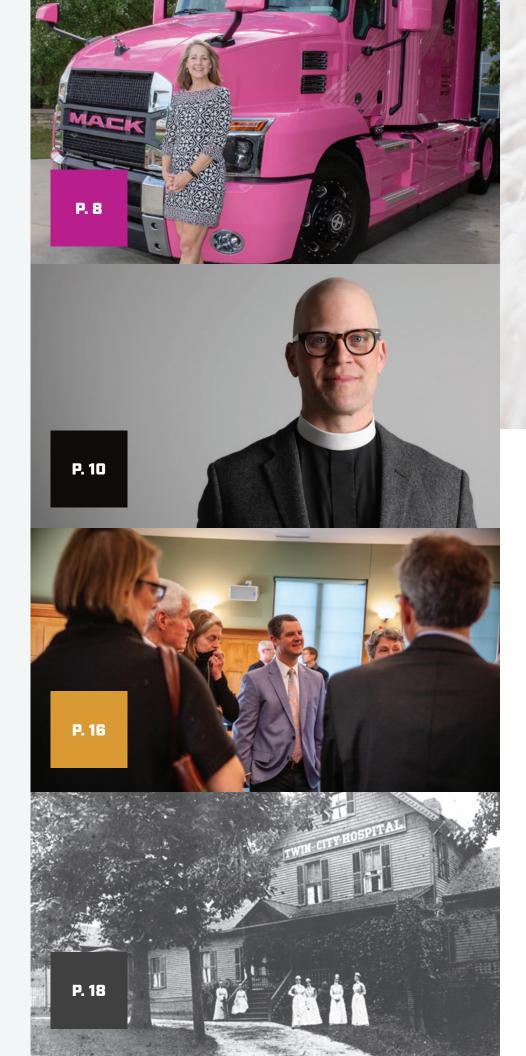
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SPEAK TO US

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REACHING OUT WITH STRONG FAITH

What it means to go out into the world.

WAS SERVING WHAT YOU EXPECTED?

What my time on the vestry has meant.



A SHORT LIFE, A RICH LEGACY A heritage of initiative and compassion.





lyR

Lyft is providing free rides to people

heading to job interviews or training. They will also offer rides for the first three weeks of a new job.1





Michael Jordan opens one of two clinics in

North Carolina for uninsured and underprivileged people.2









Forsyth County inmate art program aims to "help to make

better people" through art therapy.3



St. Paul's opens a new building in Winston-Salem to provide more space for outreach, including community

children's literacy, and afterschool programs.4

meals, improving

LEARN MORE Good To Know is curated by the St. Paul's editorial team with the goal of finding good news accross the city, state, and beyond. 1. The Jobs Access Program launched in September. Visit blog.lyft.com/posts/jobs-access-program to learn more 2. source: AP News, t.co/y2C6wd0X64 3. St. Paul's often partners with Forsyth Jail and Prison Ministries for various projects. You can learn more by visiting forsythipm.org

4. The Station at St. Paul's opened on the 90th anniversary of the church at 520 Summit St. in Winston-Salem. To learn more about it, visit www.stpaulswinstonsalem.org/station

Welcome to the new format for *Parish Life*!

Many talented people have been working hard on this for a long time, and I'm thrilled that you finally have it in your hands to experience for yourself.

One of the pieces of feedback we get a lot at St. Paul's is that people love what we're doing, but they want more. Deeper dives. Expanded content. The new format of *Parish Life* is one attempt we are making to meet that need.

Contained in this issue are all the hallmarks of what always makes *Parish Life* an essential publication of the parish: announcements for upcoming seasons, stories and photos of parish events, devotional reflections, etc. However, what this new format allows us also to do is include things like extended and sustained theological pieces. Take, for example, my article in this issue. I get to explore what evangelism looks like in a world where people are lonely, isolated, and suspicious of the church yet longing for everything the church provides. A topic like this is too nuanced for a short, 500-word reflection, but at 1,500 words, I could dig in. I hope you agree.

Parish Life began decades ago as a one-sheet announcement page of the week's activities yet grew over the years to include so much more. What you hold in your hands is the next evolution. In that sense Parish Life is a lot like St. Paul's itself: dynamic, growing, and fresh yet always anchored firmly in our tradition. Welcome to the new Parish Life! We are St. Paul's, and this is what we do.

Epiphany Peace,

D+



The Rev. D. Dixon Kinser,

Rector



A Place to Heal

by Sheri Masters

hat attracted me to St. Paul's, before I ever attended a Sunday morning service, was beauty. The soaring stone walls reaching toward the sky, gardens that drew you in and offered a cool respite on a warm day, music that spoke of talent and skill but also of passion and love of God. But let's be fair. Winston-Salem has no lack of beautiful church buildings, from the stately stone structures that line Fifth Street to smaller and simpler structures sprinkled throughout neighborhoods—all inviting citizens to take a prayerful pause at the beginning of the week.

And our musical Moravian founders have interwoven melody and worship from our city's earliest days, ensuring that on Sunday mornings Winston-Salem is awash in glorious song.

So, with all these options, why did I choose St. Paul's? I'd visited one Sunday and had been blown away when I received a phone call that afternoon thanking me for coming. The caller didn't make any requests of me, didn't lead off with a list of all the church had to offer. He simply said that they were glad I'd come and wanted me to know that I'd always be welcome. That stuck with me.

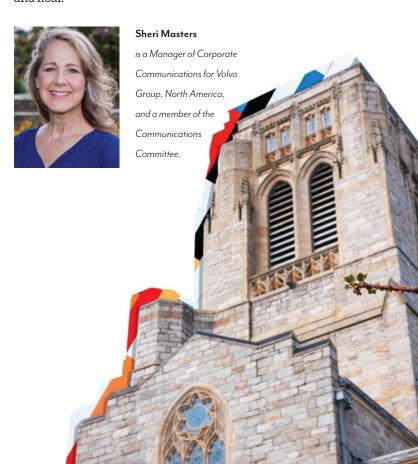
When, nearly four years ago, I got a diagnosis of Stage 3 cancer, I remembered that. I wanted a place where I could sit and be surrounded by beauty. I needed a place where I could just be, where I wasn't immediately asked to do something. I'd felt in the past that churches I'd attended had only wanted me for what I could give or do. I was tired and sick, and I just wanted to heal. It was enough to be part of the congregation on Sunday, to listen to the music, to be inspired and challenged by the teaching.

But, oh my, I got so much more. Dixon asking me, "Are we taking care of you? We want to." People greeting

me and remembering me week after week. Joking with another cancer survivor about the progress of our hair. Sermons and classes that inspired my heart and challenged my mind. Simple kindness.

After a year or so, during the annual campaign, I noticed that the pledge card asked what I could commit financially, but an additional card also asked how I could use my gifts in active ministry. That made such an impression. The church offered a dizzying array of opportunities to serve the community, and there were no limitations on what I could do. I felt that my talents, my perspective, had value.

Today, when I tell people about my church, these are the things I share. This is a body of believers that cares deeply for the community—people who want to bring the love of God to bear in practical ways. Here you have value, not for what you can give but for who you are. But when you are ready to give, your unique gifts matter and can be woven into the fabric of this congregation. Here you can learn, be inspired, laugh, and heal.



Being the change

by Morey Graham de García-Gallont

n 2018, I made a promise to myself that I was going to change how I lived, mainly by being; more specifically, being "the change I wanted to see in the world."

As a child, I was always confused by Christians who went to church regularly but didn't live the teachings of Jesus. Now, as a mother of two young boys, I did not want that cycle to repeat itself. I figured since sitting in church with two high-energy kids is out of the question, what if I introduced the teachings of Christianity (love, service, community, peace, etc.) through example? Yes! That might work.

When I heard Mrs. Oakes speak one Sunday morning about Kids Café, I thought, "That's it! That is how I can put my plan into action." I promptly volunteered to assist with the younger kids, K-2nd, with their homework. As you might expect, it has turned out to be so much more than reviewing their daily lessons.

Yes, we review math and writing, read together, and play; but the kids have ended up teaching me more than I teach them. They teach love, joy, patience, peace-by example, of course!



Morey Graham de García-Gallont Morey has been a member of St. Paul's since 2016. She works in the Wake Forest University Advancement Department and has two sons with her husband, Rolf.

Walking alongside others

by Nancy Montgomery

ental health and well-being are widely recognized as critical topics demanding attention in our world today, and the church can provide important support in this area. To that purpose, our Caring in Community Committee has created a vision that St. Paul's actively seek to be a safe place where these issues are understood, discussed, and supported. The Caring in Community team began its work in late 2016 as part of Duke Divinity School's Reimagining Health Collaborative. Participating churches in this initiative have individually developed approaches to pursue the Collaborative's twofold mission of creating practices and programs that promote mental health and well-being and also walking alongside those in the parish and community who struggle with these issues.

This twofold focus of education and support is central to the work of Caring in Community. We provide education and information on mental health and well-being through emails to our mailing list, through our bulletin board (located at the base of the stairs at the Goodheart entrance), and through book/ media purchases for our library. This year, we also plan to collaborate with St. Paul's ministries to offer formation classes, speakers, and films to broaden understanding and conversation on relevant topics related to mental health and well-being.

On the individual support side, we will facilitate several groups creating a small community for those who are dealing with issues concerning mental health and well-being either personally or in their families. In this environment, those impacted can support and help each other. An important part of our Caring in Community mission can truly be demonstrated as we encourage this type of relationship-building through fellowship and mutual sharing of stories and experiences.



Nancy Montgomery

is a retiree from Reynolds American who now happily pursues her strong interests in all aspects of well-being - spiritual, physical, mental, and emotional. She currently serves as the chairperson of the Caring in Community Committee.



Being

the

Good

by the Rev. D. Dixon Kinser

News

You're More Ready Than You Realize

ver the past two decades, there has been a steady downward slide in American church involvement. The Episcopal Church alone saw our membership shrink by 2.1%, contributing to a troubling trend of a demonstrable 10% loss every five years. Furthermore, in 2018 our Average Sunday Attendance went down by another 4% marking a 14% five-year overall loss.¹ Add to a culture where, according to the Pew Research Center,2 four out of ten millennials are religiously unaffiliated, with those between 23 and 28 being almost as likely to

^{1.} episcopalchurch.org/files/2018_fast_facts.pdf 2. www.pewforum. org/2019/10/17/in-u-s-decline-of-christianity-continues-at-rapid-pace/

have no religious affiliation as they are to identify as Christian, and you can see why church leaders are wringing their hands.

However, there is good news as well as bad news. The good news is that the fields are ripe for the harvest. If fewer and fewer people are feeling connected to the church, then there are lots of folks to whom we can reach out. Which, of course, Bishop, Michael Curry, is hosting actual revivals all over the country3 to rave reviews. Perhaps, then, the time is right for good, proper, polite Episcopalians to take another look at what evangelism is and not just what it is not. Because once you understand what evangelism really is, you start to realize that you might be more ready for this work than you even realize!4

Decades of turn-or-burn street preachers, doorbell-ringing tract presenters, slick televangelists, and prosperity hustlers have led us to say, "I don't know what evangelism is, but I know it's not THAT."

brings me to the bad news: we are going to have to talk about "evangelism."

The average Episcopalian has what I call an agnostic approach to evangelism. Decades of turn-or-burn street preachers, doorbell-ringing tract presenters, slick televangelists, and prosperity hustlers have led us to say, "I don't know what evangelism is, but I know it's not THAT." I will agree with you.

Yet I write this article during the season of Epiphany: the time of the church year that places special emphasis on Jesus' command to make disciples of all nations. Furthermore, our Presiding

Good News: What's in a Word?

The word "evangelism" comes from the Greek word Evangelion (εὐαγγέλιον), which means, literally, "good news," and the "good news" it was referring to was a message from Caesar of Rome. An evangelion was a Roman imperial announcement. When Caesar wanted to send word to his subjects about how his empire was to be ordered, that word came via evangelion.

The early Christians co-opted this word⁵ and subversively applied it to Jesus. If Caesar thought he was the "son of god" and his good news pronouncements

^{3.} Seriously, these are amazing events. Go here: episcopal-revivals or do a YouTube search for "Episcopal Revival Sermon." Bishop Curry is up to something wonderful. 4. I took the title of this article from a short book Brian McLaren wrote on this very topic almost 20 years ago. If this article intrigues you, pick up "More Ready Than You Realize: Evangelism as Dance in the Postmodern Matrix" (2002). **5.** They did this all the time. See also liturgy, church, salvation, peace, Son of God, Prince of Peace, among others. It's quite remarkable, really.

were called evangelion, then by using the same word to describe the good news of God in Christ, the church was doing something very particular. It was proclaiming that there was another Lord of all (not Caesar), and what the true Lord had to say is the ACTUAL good news. Can you see why those early Christians paid for this message with their lives? Christianity is and always has been risky.

Yet, contrasting Jesus' good news with Caesar's helps make an important point: whereas Caesar's evangelion was a pronouncement of policy and information, the Gospel of Jesus Christ is a person. Jesus, those early Christians believed, was the true God's evangelion. In Christ, God was healing (not conquering) the world and through Jesus' death on the cross and resurrection, death itself had actually been defeated. This healing of all things had already begun, and that true peace (as opposed to Pax Romana) was found not at the end of a spear, but in Jesus' path of self-sacrificial love. What they maintained, then, was that real good news will always require a way of living in the world. Like Jesus, it must be incarnational. The words must become flesh and blood.

This helps explain why Paul spent so much time encouraging the early churches to live together in particular ways. He knew that the truth of the Jesus message could only be expressed through the lived lives of actual communities of real people. This Gospel was not about information; it was about transformation. If someone asked, "What is the Gospel?", your response would be, "Come and see how we live together."

Practices for Being the Good News

So, if doing evangelism in 2020 is about BEING this good news of Jesus rather than just pitching it, how do we do that? What is the path? Here are a few ideas:

1) Follow Jesus

This one may seem obvious, but it is important because all evangelism begins between Jesus and us. Disciples in the first century were not people who wanted to learn the information their teacher knew. They were students who wanted to become LIKE their teacher in essence. You could tell which student went with which rabbi because of the way they prayed, ate, washed their hands, and even walked. Good students mirrored their teachers. Evangelism, then, first starts by making Jesus our master teacher for life and training to become like him in essence.

A great place to lean into this path is the Sermon on the Mount.⁶ The Sermon on

^{6.} Found in The Gospel of Matthew Chapter 5–7.

the Mount is Jesus' "Kingdom of God" manifesto, and it contains LOADS of practical instructions for people who want to become more like Jesus. Read the sermon in its entirety and see what sticks out to you. Pick a practice you struggle with and adopt some spiritual disciplines that will move you toward it strategically.7 Following Jesus is not a one-time decision; it is a lifelong process of formation, and all our evangelism starts here.

2) Worship Together

If this article has made anything clear, I hope it is that being a Christian is not something one can do by oneself. It requires a community of other Jesus followers looking to demonstrate Jesus' teachings in the way they live together. A simple thing this means for us is showing up for worship. When we worship together we learn how to connect and grow in community. We learn how to give the people who hurt and annoy us, give generously to ministry that matters, and serve the poor boldly. Again, these may seem like obvious points, but if our common life is what announces the evangelion, then we actually have to have one together. One cannot be a Christian alone. Show up for church.

3) Invite Others

This one may seem like the hardest practice, but it's actually the one I see our community doing the most. People love St. Paul's, and I've watched some of you recommend our church to friends as

7. Any of your clergy would love to meet with you to explore exactly how to do this.

if it were a recently binge-watched show on Netflix. This is really good because evangelism is about sharing something you've found. It's about inviting someone to join you in community and ultimately a way of life. Evangelism will never require you to convince, trick, challenge, or seduce anyone. Because that's not Jesus. His Gospel is not an argument to be won or a product to be sold. It's a story of hope and grace, and the possibility that no matter how dark things get, the light is still winning. That's something worth inviting others to check out.

In closing, let me underscore that St. Paul's is a place where this happens all the time. So, let's call it what it is and pour some gasoline on that fire. I have been amazed in five years as rector just how faithful and passionate our community is about inviting people to come to our church. I did not want to say too loudly before: what we do is actually "evangelism." It is not scary or awkward, but it's something so many of you are already doing. Say a prayer this Epiphany that you will be aware and open to the opportunities for evangelism God puts around you. Because, based on what I've seen in you already, you might be more ready for this than you realize.

Grace and Peace, Dixon+



The Rev. D. Dixon Kinser is the 19th rector of St. Paul's Episcopal Church and a native of Winston-Salem, N.C.

Pancake Supper

Tuesday, February 25

5:30 to 7 pm In the Colhoun Room

> Mardis Gras

Join us for fun, games, and activ

Join us for fun, games, and activities for all ages, plus plenty of pancakes. Tickets are \$6 for general admission, \$4 for fifth-graders and younger children, with a maximum of \$20 per family.

Ash Wednesday Services at St. Paul's on February 26

St. Paul's will offer Imposition of Ashes and Holy Eucharist services at 7:30 am, 12 noon, and 5:30 pm in the nave (main church). Child care for children four years old and younger will be offered in Room 107 off the Preschool hallway during the 5:30 pm service. Morning Prayer and the 10:30 am and 5:30 pm Holy Eucharist will not be offered on Ash Wednesday.

at

at St. Paul's, 2020

The Daily Office in Lent

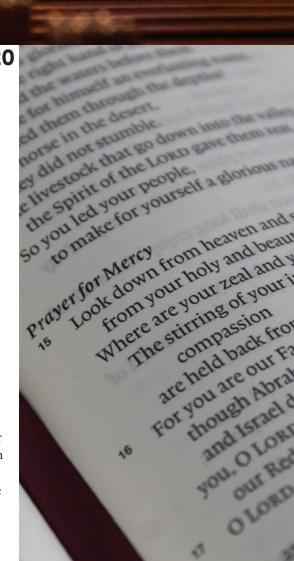
Morning Prayer: Weekdays, 8:15 am Holy Eucharist: Weekdays, 12:10 pm

Wednesday Nights in Lent

5:30pm-7:00pm

St. Paul's is a "House of Prayer for All People," yet the operative word in that phrase - "prayer"- can sometimes feel mysterious. Do you ever have questions about prayer? How to pray? Why we pray? Does prayer work, and if so, how? Join the St. Paul's clergy on Wednesday night's in Lent for a series exploring the ins-and-outs of prayer, Episcopal style. The class will include discussions about everything from a Biblical theology of prayer and the Daily Office to intercessory and contemplative prayer practices. This class will be highly interactive and practical, with take-home resources each week.

All five Wednesday night parish gatherings include supper for the whole family from 5:30 to 6:15 pm. Programs will be presented from 6:15 to 7 pm. The cost for supper will be \$7 for adults and \$5 for children younger than 12, with a maximum cost per family of \$20. After supper, child care for children three years old and younger will be available in room 107 off the Preschool hallway. A program will be offered for Pre-K students through fifth graders in the chapel.



Reaching out with strong faith

by Hunter Thomas

t. Paul's has brought me into an amazing community of faith. Without the experiences, classes, and people, I wouldn't have my strong faith in Jesus Christ that I have now.

In 2016, I had the pleasure of going to Greece to aid in the refugee crisis. My group got to experience the different paths that biblical figures walked, but this alone did not deepen my faith. It was helping those in the the direst need.

Together, we all focused on securing food and diapers for families from Syria. We delivered clothes from an abandoned Olympic facility to families and orphans living in the worst of Athens' districts.

Washing dishes at a local food bank in Athens had the biggest impact on me. I relieved aid workers and refugees of a day's work. They were able to play with their children instead of work. The simplest of actions can have the biggest impact, helping those in crisis and showed my potential through Christ.



Hunter Thomas teaches 7th grade and attends St. Paul's with his wife Rachel and ninemonth old, Mack.



Was serving what you expected?

by Brian Petterson

ne Sunday while making rounds as Vestry of the Day, I stopped by the childcare room, which had been overrun by a large number of early drop-offs. I asked if I could help entertain an 18-month-old little girl who was very upset. After about 10 minutes we had bonded quickly, and she was insistent that I stay. We continued to play, which gave me time to reflect on our own family's journey at St. Paul's starting as volunteers in the childcare room.

Along the way we have experienced baptisms, Children's Chapel, pageants, Kanuga, choir, and youth group while building lasting friendships. We have witnessed other families on their own journeys, including confirmation, kids leaving home, returning for the holidays, getting married, and starting their own journeys.

As I approach the end of my term on the vestry, many people ask, "Was serving what you expected?" The question always makes me smile. The experience has been very fulfilling and increased

my love of St. Paul's in ways that I never could have anticipated, such as getting to know the inner workings of the parish, developing a closer relationship with our amazing clergy and an appreciation for the dedication of our staff, receiving opportunities for spiritual reflection and prayerful discernment, and even a brief encounter with a little girl in childcare.

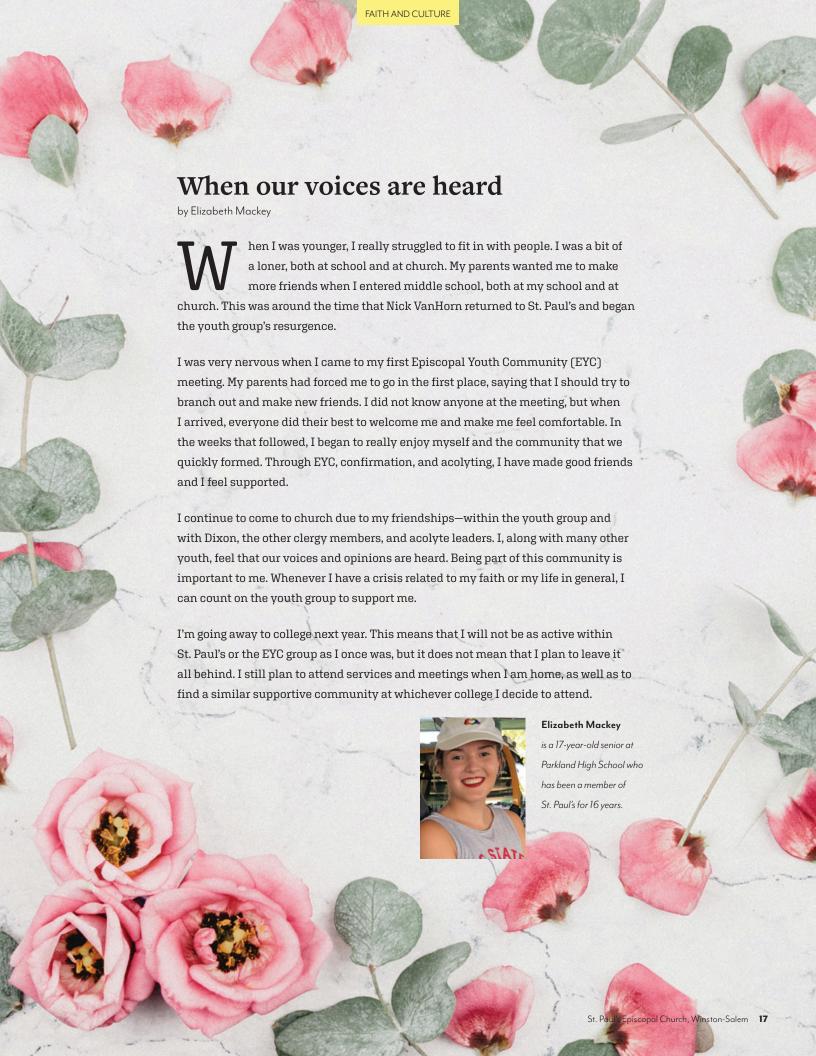
Lori and I have always placed an importance for our family on worshipping and being present to experience God's love and appreciate our blessings. We want our daughters to have a foundation and relationship with God that will carry throughout their lives. These last three years have confirmed for me that we are in the right place.

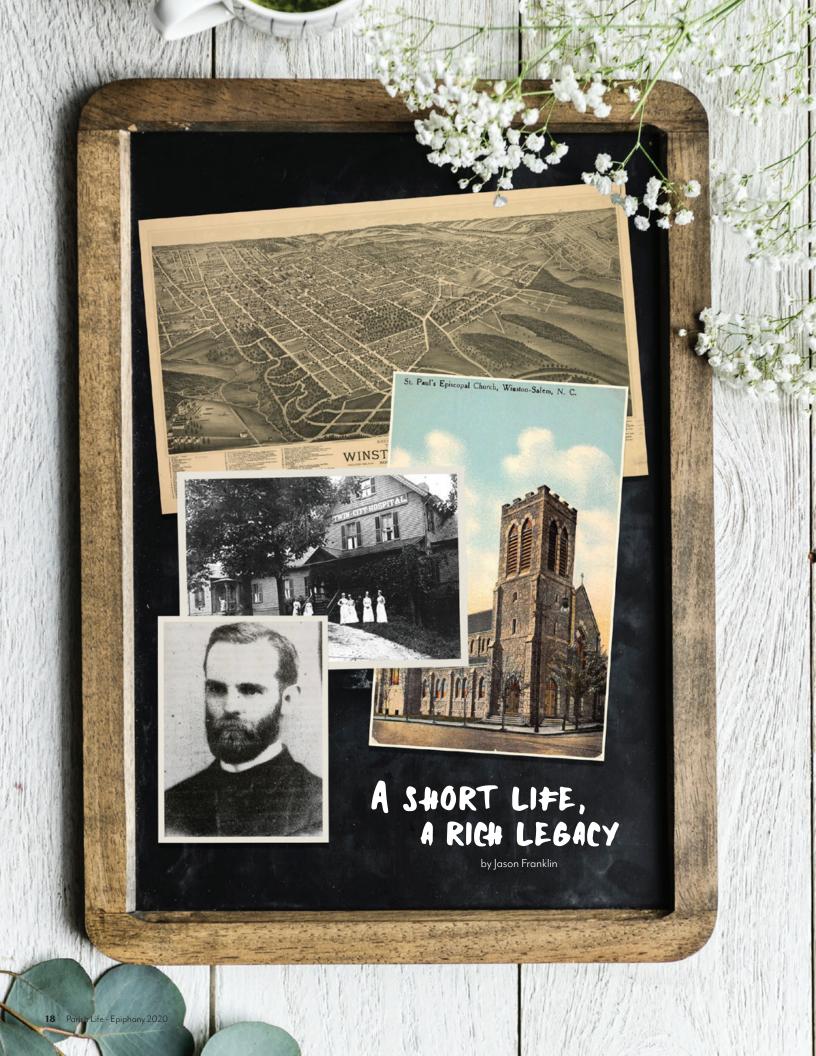


and his wife Lori have two daughters, Jenna (13) and Ellie Grace (11). They have been members of St. Paul's since 2004. Brian grew up in Winston-Salem and works for McGriff

Insurance Services.

Brian Petterson





Special thanks go to the St. Paul's Archival Team who provided a majority of the information used for this article.

few years ago, I researched my family history. I learned of a grandmother who suffered under brutal occupation in the Philippines before marrying my Air Force grandfather just after World War II. I found a fourth great-grandfather who was flogged in the public square for making counterfeit coins during the Civil War. I even learned about the Mennonite priest who came to Philadelphia seeking religious freedom in the 1770s. It was thrilling to make these discoveries. Knowing who my ancestors were helped me understand more about who I was. Is part of my faith rooted in the convictions of my ancestors?

And if our ancestors help make us who we are, then what about St. Paul's ancestry? Take, for example, the Rev. Henry O. Lacey, rector of St. Paul's from 1886 to 1889. When the new rector saw the large number of people who could not afford to see a doctor in the towns of Winston and Salem, he tasked his community to help find a solution. Lacey became instrumental in the establishment of the towns' first hospital, now the Forsyth Medical Center.

When 27-year-old William Houston was found guilty of a "handgun slaying" and sentenced to death, he discovered his faith and asked to be baptized. The jail called Rev. Lacey and asked if he could do the service. Lacey baptized Houston among ten witnesses. He became a spiritual advisor to Houston, walking with him even to the gallows platform where we preached a sermon of repentance and renewal. It was written in Lacey's obituary, "How earnest were his prayers and reasonings. The effective result. His sermon upon the gallows, and every indication of a soul saved from the deepest depths of sin and degradation."

In just three years, the young rector helped define so much of what St. Paul's is today. He fought for those most in need, lived into a gospel of healing and inclusion, and strived to bring all people closer to God by showing us how to love our neighbors through acts of hope.

Lacey died in 1889 at 32 years old, from an illness. It was written that "the community was his field as well as the Church and though we deplore his demise, yet God deemed it best to call the spirit of this beloved pastor, and devout [C]hristian home to enjoy the Peace which passeth all understanding and awaiteth those who accept and live according to the the teachings of His holy word."

No one is alive today who knew Henry, but St. Paul's knows Henry. Every time we lift up people who most need it, or treat our neighbors with dignity, or pray with the dying, or cry with the heartbroken, we are living into the legacy that makes St. Paul's like nowhere else in this world. That spirit is what brings me to church, and it will continue to bring people to St. Paul's as new legacies are created every day here.



Jason Franklin is the Director of Communications at St. Paul's and just moved to Winston-Salem from California with his husband, Chris.

AT ST. PAUL'S











AT ST. PAUL'S EPISCOPAL CHURCH 1. Backpacks are blessed by the Rev. D. Dixon Kinser, Rector, at the beginning of the school year. **2.** Deacon Lauren, Director of Children's Ministries, welcomes people at Bethlehem Village at a family event before the Feast of Lights. **3.** Choristers on Christmas Eve. **4.** Episcopal Church Women with the Rt. Rev. Anne Elliott Hodges-Copple, Bishop Suffragan of North Carolina. **5.** Acolytes being acolytes, obviously inspired by the newest Star Wars movie.

AT ST. PAUL'S











AT ST. PAUL'S EPISCOPAL CHURCH 6. The Gospel is read on Christmas Eve. In the background, plain glass sits where $stained\ glass\ would\ normally\ be\ while\ reNEWal\ campaign\ repairs\ continue. \qquad \textbf{7.}\ Congratulations\ to\ the\ newly\ ordained\ Rev.$ Nick VanHorn, the Director of Youth Ministries, shown here with his family after his ordination in December. **8.** READWS volunteers at the newly opened Station at St. Paul's. 9. St. Paul's seniors visit Tryon Palace. 10. Participants get ready for the St. Paul's Feast of Lights service.

Practicing Caritas

by the Rev. Nancy J. Vaders

he word "charity" has developed a bit of a bad reputation. Somewhere along the way in our modern world, charity took on a more one-dimensional meaning. Often, charity can imply that one person is the giver, and one the taker.

If we go back to the Latin root word, caritas, we can get a more nuanced understanding. Put simply, caritas is translated as love, an all-encompassing and unconditional love of humankind. Love is not one person simply giving something to someone else, but a mutual relationship that entails sacrifice, vulnerability, and trust.

When we love and serve our neighbors by sharing a meal or offering a helping hand, we are not simply saying "let me help you" or "let me fix this." When we truly love and serve our neighbors, we acknowledge that our shared humanity is sacred.

To serve is to strive to be in relationship with each other, to see each other, to listen, and to understand. Our relationships, our lives, and our stories are sacred spaces within a broken world. Opportunities to love and serve our neighbors help us get a glimpse into God's eternal love for humanity.

So, if you're tutoring a child, serving a meal at a local shelter, or simply listening to someone's story, you are not just doing charity work; you are practicing caritas.



The Rev. Nancy J. Vaders is the Director of Outreach Ministries and encourages you to find ways to volunteer and practice caritas.



Kid's Café

Every Tues, Wed, and Thur from 4:30-6 pm at the Station at St. Paul's

This afterschool program provides transportation, dinner, and homework help to children in grades K-1.



March Overflow Shelter Dinners

Mar 5 and 26 from 7:15 - 9 pmat Augsburg Lutheran Church

Prepare a meal and serve dinner at the Augsburg Lutheran men's overflow shelter.



Laundry Love

Every 3rd Tue from 6 – 8 pm at Fresh Spin Laundromat

Volunteers serve pizza and welcome folks in to do their laundry at no cost to them.

To volunteer for any (or all) of these events, please email the Rev. Nancy J. Vaders at nvaders@stpauls-ws.org

It is so much more

by Margaret Turner

s we conclude the successful Giving Hands Grateful Hearts campaign, I am in awe of the continued faithful generosity that is so pronounced at St.

Paul's. I have had the opportunity to listen to a parishioner tell me why they decided to take that leap of faith and pledge for the first time. I talked to parishioners about why they cannot make a monetary pledge at this time, or why they will not be able to fulfill their pledge. Other parishioners have made arrangements to support St. Paul's through planned estate gifts. Many describe stewardship as their yearly financial commitment and contribution, and while it is certainly that, it is so much more. Confident sustainability of our ministries and programs is critical for the growth of St. Paul's, however stewardship includes being present in the daily life of St. Paul's, and the endless volunteer hours supporting our ministries and programs. It is sharing your God-given talents during worship; it is being an active parishioner in this vibrant parish. It is the time and energy many of you give selflessly to St. Paul's. Thank you for your generosity, not only with your financial resources, but also with your time and gifts.





Margaret Turner is the Director of Stewardship at St. Paul's.

Stewardship Update* Pledging Units: 580 Amount Pledged: \$2,229,292,575

We are so grateful to have met our financial target, and continue to close in on our 600 pledging unit goal. Thank you to the families and individuals who made a commitment to our ministries and programs in 2020.

If you would like join us and pledge, please contact Margaret Turner, mturner@ stpauls-ws.org. This is a vital part of how we are able to love our neighbors and community.

*As of January 24, 2020



Friends of Music at St. Paul's presents Concerto delle donne, Music in the Luxuriant style on Saturday, May 16, 2020 at 7:30 pm in the St. Paul's Chapel.



Dr. John E. Cummins is the Director of Music at St. Paul's.

16th-century rock-star status

by Dr. John E. Cummins

ot unlike today when a sports coach trolls the high schools to find the best players for his next college team, in 1580 Duke Alfonso of Ferrara went outside his dukedom to find the three finest female singers in Italy. Back to his court he brought three women whose talent was so extraordinary that within a single year of starting to sing at Ferrara, they had risen to 16th-century rock-star status. They became known as Concerto delle donne and performed nightly for small, specially invited audiences. These performances came to be called (by the disgruntled ones not yet invited) as "musica secreta." Alfonso employed the wildly flamboyant composer Luzzaschi to write for the three ladies in the hot new "Luxuriant style."

Margaret Carpenter Haigh, Sarah Coffman, and MaryRuth Lown, our own Concerto delle donne, will perform this music while employing the art of synchronized baroque gesture. To a child of the 60s, it is not unlike a Renaissance Diana Ross and the Supremes. Instrumentalists include Barbara Krumdeick, cello; Nick Haigh, harpsichord; Billy Simms, theorbo and guitar; and Phil Spray, lirone..

Our Youngest Ministers

by the Rev. Lauren Villemuer-Drenth

ur annual Christmas pageant is always a surprise and a joy. This year over 80 children participated! One of the wonderful things to watch was children ministering to other children. Second- and third-grade students stepped up to guide and care for frightened little ones. While we were lining up for the procession, a two-year-old angel was overwhelmed by the number of people and scared by all the adults she saw. Frannie, our third-grade speaking angel, immediately came over and took her hand. "It's okay. I will be with you, and I won't let go!"

The 40 angels were some of the youngest children (and some not familiar with our church), and our older angels did an amazing job getting them where they needed to be and to stand with smiles!

The animals were the next group of youngest ones (some less than two), and our children did such an amazing job of making them feel welcomed and loved. All were smiling and happy, and they surrounded the manger with enthusiasm.

By the time the animals and angels had taken their places in the stable, there was not room for our shepherds, but they improvised and filled the chancel area and front part.

It was a blessing to see so many smiling faces open to God's love, loving each other, and sharing their hearts with the congregation!



Deacon Lauren is the Director of Children's Ministries at St. Paul's



Pageant was a place of joy, love, and very enthusiastic animals. You can learn more about children and family activities by emailing Deacon Lauren at <u>LVillemuer-Drenth@</u> stpauls-ws.org.



The Episcopal Youth

Community is a vital and vibrant part of life at St. Paul's. If you would like to be a part of it, please email the Rev. Nick VanHorn at nvanhorn@stpauls-ws.org for more information.



A glorious hodgepodge

by the Rev. Nick VanHorn

any people do not know, but each week before EYC (Episcopal Youth Community), our leadership team consisting of college students, young adults, and even St. Paul's EYC alum gather about an hour before our programming even begins.

During this time, we go over the schedule of the evening, look at the weeks ahead, pray, and share. One could even consider this time an "EYC for adults." Josie reflects on her first year at Wake, Alison shares her experience studying abroad in Spain, Maddie brings gifts to everyone from her trip to Disneyland (she got me something from Star Wars!), while Joseph gets frustrated over the Patriots season.

We are such a hodgepodge of people who, under any other circumstances, would not be together, but our love of Christ and the St. Paul's youth has made us a community who cares deeply for one another. We find time to talk during the week, we have meals together, and we remind each other of the value we have inherited from our creator and, by doing so, we encourage our youth to do the same. Living in the binary and contentious atmosphere we witness each day, we must understand the importance of a community that is Christ-centered to remind us who we belong to. In this way, groups of people who might otherwise be strangers can gather and call themselves the church.



The Rev. Nick VanHorn is the Director of Youth Ministries at St. Paul's

OMING HIGHLIGH

These are just some of the many activities happening at St. Paul's. Please visit www.stpaulsws.org/upcoming for the most up to date information

♥ Kid's Café ¹

Every Tues, Wed, and Thur from 4:30 - 6 pm at the Station at St. Paul's

This afterschool program provides transportation, dinner and homework help to children in grades K-1.

The Enneagram: A magnifying glass for meaningful soul work

Feb 9, 16, and 23 at 10:15 am in the Colhoun Room

We will explore how to apply your knowledge of the Enneagram to your relationships, your passions, your limitations, and your life's work

Episcopal 101

February 9, 16, 23, March 8, 15, 22, 29, and April 5 in rm 208 at the Station at St. Paul's

The Episcopal practice of the Christian faith is distinct in its polity, history, theology, and liturgy. Join our clergy for lively discussion on these topics

♣ Family Service Sunday ²

Sun, Feb 9 at 4 pm

Family Ministries invites you to our second Family Service Sunday. Participating families will choose from four service projects.

READWS Info Session

Feb 11 and every 2nd Tue at 12 pm in rm 210 at the Station at St Paul's

Learn more about how you can help this important ministry that helps improve children's literacy.

Y Laundry Love 1

Feb 18 and Every 3rd Tue from 6 - 8 pm at Fresh Spin Laundromat

Volunteers serve pizza and welcome folks in to do their laundry at no cost to them.

Senior Adult Lunch

Wed, Feb 19 at 11:30 am in the Colhoun Room.

Featuring Rob Lemons, Volunteer Services Director. Ronald McDonald House.

Pancake Supper and **Mardis Gras Party**

Tue, Feb 25 at 5:30 pm in the Colhoun Room

Join us for fun, games, and activities for all ages, plus plenty of pancakes.

+ Ash Wednesday Services

Wed. Feb 26 at 7:30 am. 12 and 5:30 pm in the Nave (Main Church)

Join us for the imposition of Ashes and Holy Eucharist.

+ Holy Eucharist in Lent

Thu, Feb 27 and all weekdays in Lent at 12:10 pm

Faith & Justice Lunch

Thu, Feb 27 at 12:15 pm in the Colhoun Room

Featuring Dr. Richard Groves. This month's topic: "Things I've Never Heard a White Person Say."

Rev. Cn. Jan Naylor, guest preacher

Sun, Mar 1

Today we welcome the provost of Washington National Cathedral on the first Sunday of Lent.

Table, Story, Bread, Wine: An Instructed Eucharist

Sun, Mar 1 in the Colhoun Room

We will re-enact and pick apart the prayers, symbols, and actions of the Eucharist in a playful and interactive format.

Lenten Dinner Series

Wed. Mar 4 and all Wed in Lent in the Colhoun Room

Join us for dinner at 5:30 pm, program at 6:15 pm, and compline at 7 pm.



EVENT TAGS









Augsburg Overflow Dinner Thu, Mar 5 and 26 at Augsburg Lutheran Church 1

Volunteers are needed to provide our guests a hot meal in an atmosphere of hospitality.

Lamentations: Learning to Lament in A **Cultural of Denial**

Mar 8, 15, 22, 29, Apr 5 in the Colhoun Room

Join the rector, D. Dixon Kinser, for a Lenten Bible Study on this ancient text

Taking the 4th and 5th Steps: Introspection, Confession and Redemption

Sun, Mar 8, 15, 22, and 29 in rm 216 of the Station at St. Paul's

Join the Rev. John Shields for a four-week exploration of the practices of confession and truth telling.

ॐ Pajama Sunday Mar 8

A St. Paul's tradition at the start of Daylight Saving time. Children are encourage to come to church in their pajamas.

Making to-go Bags for the Overflow Shelter 1

Mar 8 at St. Paul's

Minestrone Madness

Pick up on Mar 15

The Senior will be making minestrone soup Cost is \$13 a quart.

Senior Lunch: Hospice Chaplain, Rennie Adcock Wed. Feb 19 at 11:30 am in the Colhoun Room.

■ Teaching the Musical **Settings of Lamentations** Sun, Apr 5 at 10:15 am in the Colhoun Room

[♥] Center of Hope

Thu, Apr 2¹

There will be a signup for those who wish to bring a side and/or stay and serve.

NOTES Upcoming events are subject to change. For the most up to date information, please visit www.stpaulsws.org/upcoming. 1. Visit https://stpaulswinstonsalem.org/outreach/ to learn more. **2.** Email <u>LVillemuer-Drenth@stpauls-ws.org</u> for more info.

Save the date

HOLY WEEK AND EASTER AT ST. PAUL'S

Apr 5 Palm Sunday

Liturgy of the Palms and Holy Eucharist at 7:45, 9, 11:15 am, and 5 pm

Apr 6 Monday in Holy Week

Morning Prayer at 8:15 am The Rite of Reconciliation of a Penitent 10-11:30 am Holy Eucharist at 12:10 pm

Apr 7 Tuesday in Holy Week

Morning Prayer at 8:15 am The Rite of Reconciliation of a Penitent 5-6:30 pm Holy Eucharist at 12:10 pm

Apr 8 Wednesday in Holy Week

Morning Prayer at 8:15 am Holy Eucharist at 10:30 am, 12:10 and 5:30

Apr 9 Maundy Thursday

Morning Prayer at 8:15 am Holy Eucharist at 12:10 pm Holy Eucharist and Foot-Washing at 5:30 pm

Apr 10 Good Friday

Morning Prayer at 8:15 am Stations of the Cross at 11 am Good Friday Liturgy at 12 pm The church will be open for prayer from 1 to Outdoor Stations of the Cross at 5:30 pm

Apr 11 Holy Saturday

The Great Vigil of Easter Lighting of the New Fire, Baptism and Holy Eucharist at 5:30 pm

April 12 Easter Day

Holy Eucharist at 7 am Festival Holy Eucharist at 9 and 11:15 am Holy Eucharist in the chapel at 5 pm



Sundays at St. Paul's*

7:45 am

Holy Eucharist, Rite 1 in the main church

9 am

Holy Eucharist, Rite 2 in the main church

11:15 am

Holy Eucharist, Rite 2

Morning Prayer, every 4th Sunday in the main church

5 pm

Holy Eucharist, Rite 2 in the Chapel

Weekdays at St. Paul's*

8:15 am

Morning Prayer

12:10 pm

Holy Eucharist (in Lent only)

*Subject to change. Check the website for the most up to date information.





ABOUT ST. PAUL'S

Glorify, Inspire, Serve, and Transform

St. Paul's is a vibrant parish family that strives first to follow Christ. We are a large, downtown congregation in Winston-Salem, North Carolina with a long history of moving worship, active Christian formation, and transformational outreach. St Paul's offers both sanctuary and challenge. It is a church grounded in the grace of God that seeks to bring God's love and light into the world. We gather together so that we may go out into the world, radically loving our neighbors.

Visit Us

St. Paul's is a house of prayer for all people and you are most welcome. We are located at:

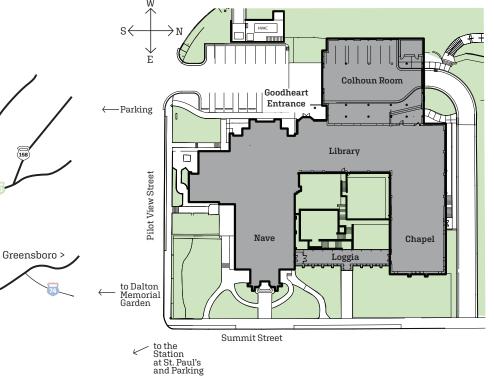
520 Summit St. Winston-Salem, N.C. 27101

Contact Us

Phone: (336) 723-4391 Web: stpaulswinstonsalem.org

Social Media

/stpaulswinstonsalem



TRANSITIONS

Baptisms

Lydia Joy Pedersen

October 13, 2019 Daughter of Olya and Andrew Pedersen

Jeannette Mackay Brooks

November 3, 2019 Daughter of Neel and Stuart Brooks

Margaret Jeffreys Brown

November 3, 2019 Daughter of Jennifer and Ryan Brown

George Hastings Coleman

November 3, 2019 Son of Mary and Chris Coleman

Edward Dudley Colhoun, VI

November 3, 2019 Son of Katherine and Dudley Colhoun

Linnea Holmgren Hill

November 3, 2019 Daughter of Katarina Holmgren and Colin Hill

George Hallet Reichard

November 3, 2019 Son of Elizabeth and Jeff Reichard

Adriana Juliette Veille

November 3, 2019 Daughter of Kadie and Patrique

Lucien Daniel Veille

November 3, 2019 Son of Kadie and Patrique Veille

Claire Thomas McCoy

January 1, 2020 Daughter of Catherine and Ryan McCoy

Lawson Spencer McCoy

January 1, 2020 Son of Catherine and Ryan McCoy

Births

Arthur Clifton Ferguson

August 25, 2019 Son of Rob and Katie Ferguson

George Hallet Reichard

September 1, 2019 Son of Elizabeth and Jeff Reichard, brother of Margaret Anne and Scott Reichard, grandson of Kim and Ed Cherry

Ramsey Kate Holmes

September 16, 2019 Son of Blair and Andrew Holmes, brother of Drew Holmes, grandson of Susan and Bill Brady

Nell Hodges Palmer

December 3, 2019 Daughter of Allie and William Palmer, granddaughter of Candy and Bud Palmer

Brodie Katherine Tamer

January 7, 2020 Daughter of Katherine and Andrew Tamer and granddaughter of Vicki and David Tamer

Deaths

Linda Kendrick Heckman

Died August 18, 2019

Margaret S. Lancaster

August 22, 2019 Mother of Sarah Lancaster

Margaret Corriber Grubbs

August 22, 2019 Wife of Robert "Bob" Grubbs

Patsy Ludey Lyon

August 26, 2019 Mother of Chris Lyon

Charlie A. Marshall, Sr.

August 27, 2019 Husband of April Marshall

James Graham Oates

August 27, 2019 Husband of Anne Oates

Mary Frances Newell

September 3, 2019 Mother of Bob Newell, mother-inlaw of Liz Newell

Chase Davis

September 11, 2019 Grandson of Don and Ronnie Goodheart

Eve Ahles Hamilton

September 13, 2019 sister of David Ahles, sister-in-law of Jane Ahles, and aunt of Whitney Ahles and Meredith Ahles Elrod

Ann Scott Wood

September 18, 2019 Mother of Leigh Pate, mother-inlaw of Charles Pate, grandmother of Elizabeth Foley, great-grandmother of Grace, Clare and Mary Foley

Robert Muir

September 18, 2019 son-in-law of Della Pulliam

Robert Meredith Helm, Jr.

September 25, 2019 husband of Carol Helm

Bruce Williams Whipple

September 24, 2019 Former Member

Mary Frances Waller

September 29, 2019 Aunt of Carol Witherington (Jim)

David Allan Pickering

September 28, 2019 Brother of Judy Crow, brother-inlaw of Bill Crow

The Rt. Rev. Robert Estill, IX

Bishop of North Carolina (9th) October 9, 2019

Judith Ward Freeman

October 10, 2019

Mary Nicholson Allen

October 10, 2019 Stepmother of Warren Allen

Ann Austin Flynt

October 14, 2019

Dr. John William Reed

October 21, 2019 Husband of Sally

Paula Ann Cermak

October 21, 2019

Vade G. Rhoades

October 26, 2019 Husband of Sarah Rhoades

Henry Theodore Vaders

October 31, 2019 Grandfather of Mark Vaders

Ruth O. lackson

November 6, 2019 Grandmother of Rev'd Nancy Vaders

H. Lloyd Lancaster, Jr.

November 8, 2019 Father of Sarah Lancaster

Anna Wilson Walker

November 14, 2019 Sister of Paige Dillon

Joseph Boyles Dudley

November 25, 2019 Husband of Mary Dudley

William Miller Raymer

December 5, 2019 Husband of Lib Raymer

Stuart Ficklen Vaughn

December 11, 2019 Father of Stu Vaughn, father in law of Liz Vaughn, grandfather of Stuart Vaughn and Alex Vaughn, brother of Robert Vaughn, brother in law of Carolyn Vaughn, uncle of Tricia Vaughn

April Collier Marshall

December 15, 2019

Katherine Julie Larson

December 25, 2019

Patricia Crotts Wilkerson

December 29, 2019

Joan Kamm Prongay

December 29, 2019 Sister-in-law of Lou Prongay, aunt of Peggy Slater and Ruth Prongay

James Williams Cummins

December 29, 2019 Father of John Cummins

Lois Gail Jarrell

January 1, 2020 Sister of Toni Corpening

John Newton Curlett, Jr.

January 10, 2020 Husband of Anne Curlett

Albert Christopher Mixon

January 12, 2020 Husband of Robyn Mixon

Iim Munden

January 10, 2020

Marriages

William Cameron Beamon and Sarah Elizabeth Keiser

November 9, 2019

Alex Doggett Stewart and Erika Nicole Angles

November 16, 2019

Christopher Ray Davis and Lela Elizabeth Newell

November 23, 2019

New **Members**

Stuart and Neel Brooks

Melissa Combes and son Wills

Ryan and Jennifer Brown and children William, Mary Carolyn and Margaret

Gary Green

Kadie and Patrique Veille and children Adriana and Lucien

Brandon and Melissa Vickers and children Cora and Stella

Rachel and Joby Brunjes and daughter Lily

VESTRY HIGHLIGHTS December 2019

Financials

The Giving Hands, Grateful Hearts campaign is currently at 97% of reaching its 2.2M financial goal. Reminder statements for those who have not completed their 2019 pledge gifts have been mailed.

Both Clergy and lay staff will have salary increases of 2% in 2020. Clergy increases begin January 1, and lay staff increases begin June 1. In addition, core expenses related to health care, maintenance and utilities are also expected to rise.

The vestry expects \$121K will be used from reserves in 2019, and based on current projections, this number will increase by \$50,208 to \$171,208 in 2020.

RECTOR'S REPORT

At the Diocesan convention, Rev. Sara Ardrey-Graves was elected as a delegate to the general convention. Nick Van Horn will be ordained December 14, 11:00 a.m., at St. Paul's. It was a great honor to have St. Paul's host the ordination. The funeral for Marshall Bass will be held at St. Paul's on Tuesday, December 17th with Presiding Bishop Curry officiating.

SR. WARDEN'S REPORT

For the Vestry Class of 2020, there will be again be 8 candidates running for four vestry slots. In addition, the vestry will begin educating parishioners about its recommendation to change from contested vestry elections to a recommended vestry slate. Four information sessions will be held; three taking place on January 12th and the 4th on the following Wednesday evening. The proposed bylaw changes will be published in Parish Life and on the website. Hard copies will also be made available.

JR. WARDEN'S REPORT

Building and Grounds will ask Jeff Allen to begin getting final pricing and needed approvals for the Dalton Gardens renovations. Additional crab orchard stone will be ordered when the stone



The 2019 Vestry at St. Paul's Scott Adams, Henri Brown,

Iunior Warden. Tom Connors. Senior Warden, Laura Edmundson, DD Hellebush, Bill Orr. Brian Patterson, Richard Rogers, Emily Shute, Gray Smith, Christine Storch, Liz Vaughn

Visit stpaulswinstonsalem.org/summaries to read additional vestry highlights.

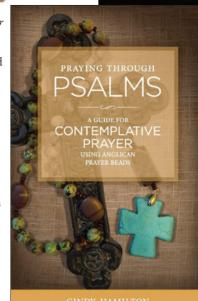
AT THE BOOKSTORE

Stop by the St. Paul's Bookstore today to view our new collection of prayer beads available now.

Available in the bookstore now:

Praying Through Psalms: A Guide for Contemplative Prayer Using Anglican Prayer Beads by Cindy Hamilton is a guide to the practice of prayer with beads. For over two thousand years, the Psalms established the primary content and basic rhythm of prayer for the Hebrews and the emerging Christian Church. Medieval Christians shaped both public and private worship around praying the Psalter, developing tools like prayer beads to help focus their prayers. Modern Christians have largely lost an understanding of how to pray the Psalms, or even the knowledge of how to approach them. Praying through Psalms presents 50 psalms edited especially for use with the tactile aid of Anglican prayer beads. Not merely a theory of prayer, this book guides the reader through praying and responding to God's own invitation to speak to him using his own Word.

BRING THIS AD TO THE STORE AND GET 25% OFF PRAYER BEADS



ST. PAUL'S BOOKSTORE

Visit the Bookstore on the second floor near the reception desk, next to the conference room. Hours: 11 am-1 pm on Tuesday, Wednesday, Thursday and 11-11:30 am on Sunday. Also by appointment by contacting Caro Humphrey at chumphrey@stpauls-ws.org or 336-723-4391 x1226

A Message from the Communications Committee

We hope you enjoy this issue of Parish Life. We are always looking for writing contributors, copy editors, and people with marketing, advertising, and design experience.

You can email the Director of Communications, Jason Franklin, at ifranklin@stpauls-ws.org for more information.

Did you know you can advertise with us? If you are interested in advertising in Parish Life, contact us for rates.

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