



FAITH in FORMATION



Adults | Winter 2018

Classes meet on Sundays from 10:15 to 11:00 a.m.

Faith & Justice programs are on Thursdays at 12:00 p.m.

Sundays

Rector's Forum: "The Anglican Ethos" | January 14 | Colhoun A | The Rev. D. Dixon Kinser | Confirmation Class 1

Have you ever noticed that how we talk about Jesus and God's love in the Episcopal Church is different from other Protestant faiths? Our theology is one of *via media*, or the "middle way" of perceiving and knowing God, rather than a dogmatic practice of Christianity. Our integration of Scripture, tradition and reason comprises the whole of our worshipping identity as Episcopalians. Join Dixon for a meaningful conversation on our church's particular way of doing theology. This class will serve as the first of our Confirmation and Episcopal 101 classes this spring.

Rector's Forum: "Wild Water and Full-Body Prayer: Rituals in the Episcopal Church" | January 21, 28 | Colhoun A | Confirmation Classes 2 and 3

Recall the last time you jumped into a pool on a hot summer's day—the refreshment, the cool water, the all-encompassing joy of play. In the Episcopal Church, worship is like that. When we are baptized and when we receive communion, we are participating in a full-body prayer from our ears and voices to our hands and taste buds. Come learn about how the rituals of Episcopal worship call you be "all in" and share in the joy of worshipping God with your full self.

Know Thyself: The Enneagram as a Path of Grace and Mercy | January 21 and 28 | Chapel

The Enneagram is a model of the human psyche that offers valuable insights through a deeper knowledge of self and others. Individuals learn their place within 9 different personality types, and how these types function in health and in stress. In Christian spirituality, the Enneagram is also a helpful tool

for practicing empathy, forgiveness, and synchronicity in relationships. Come learn your "type" in this general overview of the Enneagram on January 21 and 28 in the chapel, and delve deeper in the ways your faith can grow through full knowledge of yourself and others.

Morning Prayer and Annual Meeting | February 4

Rise Against Hunger | February 11 | Colhoun A

Parishioners of all ages are invited to participate in the Rise Against Hunger food packaging event. Parishioners will help package 10,000 nutritious meals to be used in crisis situations and in feeding programs for schools and orphanages in developing countries.

Thursdays

Making Change Work | February 22, March 22, April 26 and May 24 | Colhoun A

In My Backyard: Faith and Current Events is a monthly bag lunch and speaker series offered by the Faith & Justice Committee. This winter and spring, the committee will present speakers exploring the theme, "A Biblical Mandate: Caring for all of God's Creation." Details of the programs will be announced. Bring your own lunch. Beverages will be provided. All are welcome.

Trinity Institute 2018

Values in Action | Friday and Saturday, February 2-3 | Live-streamed at St. Paul's

We all want to create a better world, and that requires action and connection. Discerning shared values is crucial to forming powerful partnerships and moving forward with courageous intention. The Faith & Justice Committee invites you to gather at St. Paul's to explore how you and your community can set a collaborative course at Values in Action, a Trinity Institute conference designed to help you get grounded and connected so you can get going. This year's conference, to be live-streamed at St. Paul's, features leading activists, theologians, authors and experts on how to integrate core values into strategic and effective action, including the Most Rev. Michael Curry, Presiding Bishop of the Episcopal Church; Michelle Alexander, author of *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*; Pádraig Ó Tuama, poet, theologian and mediator; Jose Antonio Vargas, Pulitzer Prize-winning journalist, filmmaker and undocumented immigrant; and more. All are welcome to gather at St. Paul's to watch the live-streamed program together. Registration is required. To reserve your seat, contact Jocelyn Connors, Faith & Justice Committee Chair, at jocelynconnors@gmail.com or (336) 725-1002.



Small Groups

Enneagram Study

2:00-3:30 p.m. Monthly, 4th Monday | Conference Room
Contact Nancy Dunn at nancy.dunn@aladdintravel.com.

Cindy Lou Franke Small Group

9:30-11:30 a.m. Thursdays | Emma Gribbin Room
This winter the group is taking an up-close-and-personal look at the 12 principal disciples of Jesus — ordinary people like ourselves who were individually chosen and changed forever by the Master for an extraordinary ministry to bring the good news of God's love to the world. Contact Cindy Lou Franke at 717 658-3211 or clfranke@yadtel.net.

Bob Linnell Small Group

3:00-4:00 p.m. Wednesdays | Conference Room
Bible study. Open to new members. Contact Bob Linnell at rlinnell@triad.rr.com

Martha Higginbotham Small Group

9:30 a.m. Mondays | Parlor
Bible study and fellowship. Contact Martha Higginbotham at (336) 725-3892.

Dudley Colhoun Men's Prayer Breakfast

7:00 a.m. Fridays | Colhoun Room
Bible study, featuring discussion of the current week's lectionary, with breakfast. Contact Jonathan Engram at jengram@wscr.com.

Men's Prayer Group

7:30 a.m. Fridays | Colhoun Room
Breakfast and Bible study. Contact Charles Corpening at ccdick@triad.rr.com.

**FAITH in
FORMATION**



Centering Prayer

**5:30-7:00 p.m. Wednesdays, Fall through Spring;
6:00-7:30 Wednesdays, Summer | Emma Gribbin Room**
Centering Prayer is a gentle form of silent prayer grounded in the monastic contemplative tradition. After reading and reflecting on a brief passage, the group observes 20 to 25 minutes of silence. Contact Gail Phillips at 970-1700 or carolinableu@aol.com.

GLADS (Gays, Lesbians and Dang Straights) | 7:00 p.m. Thursdays | Genie Carr's house at 453 Plymouth Avenue
GLADS members include gays, lesbians and straight allies who share a common interest in lesbian, gay, bisexual and transgender (LGBT) issues. They gather weekly to read, reflect and do Bible and book study to deepen their understanding of the love of God. Contact Lynn Parsley, group facilitator, at lynnparsley@gmail.com.

Education for Ministry | September through May

A four-year program offered by the School of Theology at Sewanee, The University of the South, EfM equips lay persons responding to the call to Christian ministry. Participants study Old Testament, New Testament, Church History and Theology. Groups form over the summer and meet weekly September through May. Tuition payment and commitment to at least one year of study are required. Contact David Tamer at davelaw@bellsouth.net or (336) 407-7345. www.sewanee.edu/EFM/

Contact

The Rev. Sara C. Ardrey-Graves
Associate Rector

(336) 723-4391, ext. 1211 | sardrey-graves@stpauls-ws.org